Body Composition Analyzer

TANITA Monitoring Your Health

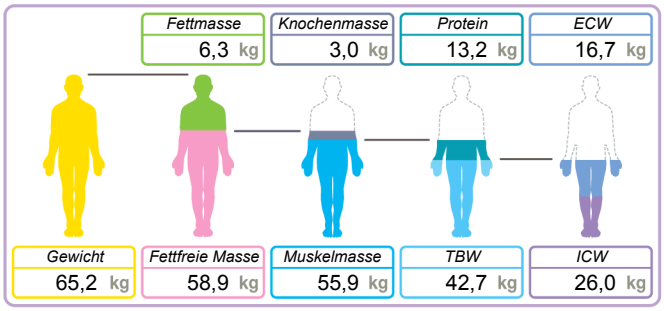
MC-980

Datum	09.06.2016 12:38

ID	273				
Name	Theodoros Labes			**Größe**	179,0 cm
Alter	25	männlich	**Typ**	Normal	**PT** 0,3 kg

Details

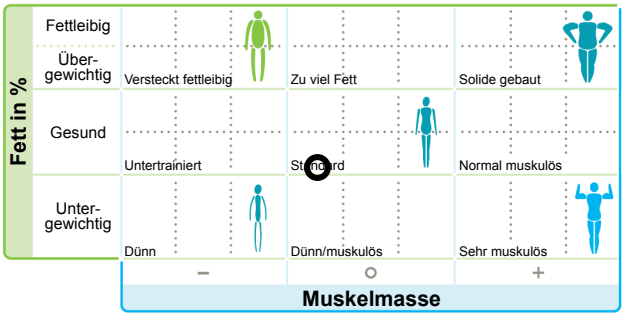
MC-780	Ergebnis	Idealwerte	Ziel	
Gewicht	**65,2** kg	64,1-80,1 kg	kg	kg
Fett in %	**9,7** %	8,0-20,0 %	%	%
Fettmasse	**6,3** kg	5,1-14,7 kg	kg	kg
Fettfreie Masse	**58,9** kg			
Muskelmasse	**55,9** kg	54,3-68,8		
BMI	**20,3**	20,0-25,0		
Metabolic Age	**12**			



BMR VDR TBW

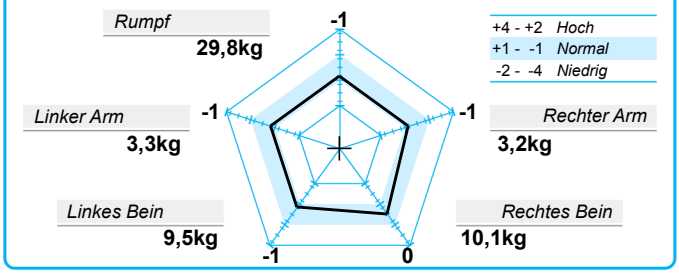
BMR	7176 kJ / 1715 kcal	Niedrig / Normal / Erhöht
Level Viszerales Fett	1	13 / 18; Normal / Hoch / Sehr hoch
TBW	42,7 kg / 65,5 %	*ECW* 16,7 kg; *ICW* 26,0 kg
ECW/TBW	39,1 %	35% / 40% / 45%

Körperbauwert

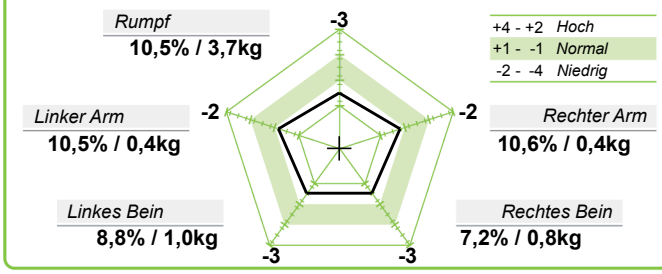


Segmentanalyse

Muskelmasse

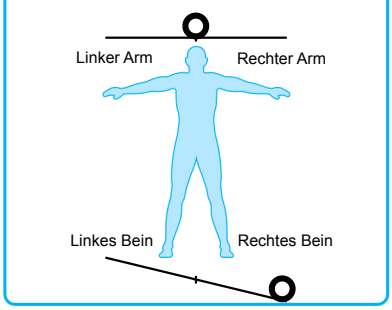


Fett in %

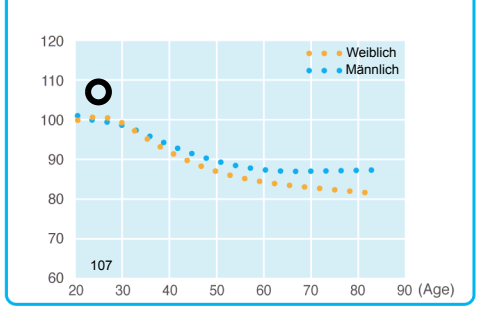


Balance

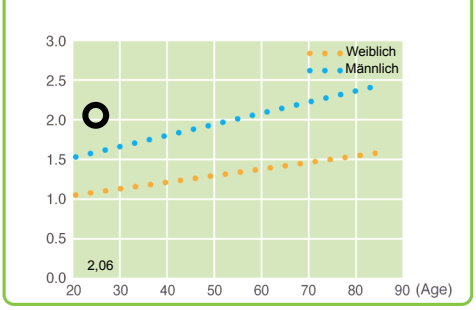
Muskelmasse Balance



Muskelmasse Bein Bewertung

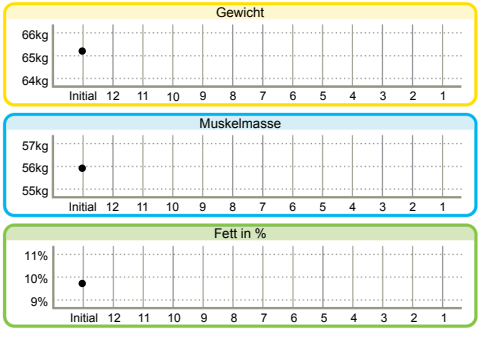


Körperfettverteilung



Geschichte

	Gewicht	Muskelmasse	Fett in %
Aktuell	65,2	55,9	9,7
Initial	65,2	55,9	9,7



BIA Informationen

	1kHz	5kHz	50kHz	250kHz	500kHz	1MHz	Phasen Winkel
H-L		688,7	**591,4**	522,3			**7,0°**
		35,5	**72,3**	62,7			
RL		292,2	247,3	220,0			7,0°
		16,0	30,3	21,3			
LL		302,7	257,3	229,7			6,8°
		16,5	30,5	21,5			
RH		360,1	310,4	273,2			7,2°
		17,8	39,2	40,7			
LH		359,5	310,5	273,3			7,2°
		17,4	39,2	40,9			
L-L		599,3	506,6	449,9			7,0°
		33,3	61,8	42,7			

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